

Weakley County Board of Education



Monitoring:	Descriptor Term: Lifetime Wellness	Descriptor Code: 4.2012	Issued Date: 5/3/2018
-------------	--	----------------------------	--------------------------

1
2 Students in grades 9-12 shall complete a unit of lifetime wellness, a planned program to promote
3 a lifelong process of positive lifestyle management that seeks to integrate the emotional, social,
4 intellectual and physical dimensions of self for a longer, more productive, and higher quality of
5 life, as a requirement for graduation.¹

6
7 Participation in marching band or interscholastic athletics shall not be substituted for this
8 requirement.¹

9
10 The following topics shall be included as part of the lifetime wellness course to help students
11 reach the specified goals in the curriculum framework:

- 12
- 13 1. Lifetime Wellness
 - 14 2. Mental, Emotional, and Social Health
 - 15 3. First Aid and Safety
 - 16 4. Human Growth and Development
 - 17 5. Substance Abuse

Legal Reference:

¹ TRR/MS 0520-1-3-.06(1)(a)(10)

Cross References:

4.2014 Physical Education
6.307 Drug-Free Schools
6.404 Acquired Immune Deficiency Syndrome (AIDS)